



Safer lifting - better backs

An interactive training course on manual handling.

This interactive learning course promotes a proactive approach towards **Safe Manual Handling** and can be used to help foster and develop this attitude change amongst all staff.

The learning design adopted ensures **effective engagement** of the Learner by continued interaction utilizing screen prompts to guide the trainee through the course and those with little or no computer experience will find it easy to use.

The course highlights the dangers that staff can face from **hazardous manual handling operations**, which could result in injury and time off work.

The training message is delivered in a positive mode to encourage safe lifting and handling operations in the workplace. The "**safety is a state of mind**" and "**no one works to get hurt**" culture is reinforced throughout the course.

- A **cost effective** solution to your training and ongoing assessment requirements.
- **Recorded evidence of training** covering safe working practice and legal compliance.
- **Progress and achievement** that is measurable.
- **Consistent, reinforced** auditable training.

Having completed the tutorial, a random assessment test is generated and the course records the Learner's progress providing an auditable trail of results and a **certificate** of completion can be printed for successful students.

This certificate provides evidence of the underpinning knowledge required prior to completing a workplace assessment to prove competence.

This accreditation of prior learning **can contribute** towards **NVQs**.

My SafetyNet courses...

- Have the course customized to reflect your company's corporate identity, site requirements and company policy.
- Delivery of training can be configured to suit individual company IT requirements.
- Course accreditation can either be in - house or external (e.g. IOSH or ROSPA) depending on your particular requirements.

A cost effective solution to your training

Regardless of the subject matter, all of the learning material that we develop is designed to engage, motivate and challenge the learner through the use of interactive screens which help to improve trainees' knowledge retention. We are now enhancing the learning environment within our courses by adding course specific interactive scenarios that encourage the learner into interactive play further improving the knowledge transfer.

The courses and modules that we create can be used for standalone or as part of a blended learning approach and much of the materials have been designed with both purposes in mind.

Well designed learning materials can be used in many different scenarios, maximising your investments.

[please click image to see demo](#)





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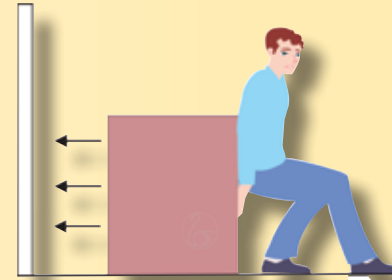
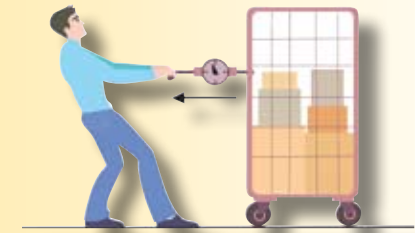
Course Modules

Part 1.

- Manual Handling
- Problems associated with Manual Handling.
- Lifting techniques. Working at different levels.
- Activities involving Manual Handling

Part 2.

- Manual Handling Assessment
- What a Manual Handling assessment record looks like.
- Steps required by a Manual Handling assessment.
- How to make a Manual Handling assessment



...training for success

Other courses in the SafetyNet series:

Working Safely, COSHH, Hazard Identification & Risk Assessment, PPE, RPE, Loading & Unloading, Safety in the Office, DSE, Manual Handling, Handling & Use of Flammable Liquids, Noise & Vibration, Driving Safely, Fire.

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